

Nupada[®]

Upadacitinib

Extended-release Film-coated Tablet

Read this leaflet carefully before you start taking Nupada[®]. This leaflet provides answers to the most common questions. If you have any further questions, ask your doctor or pharmacist. This medicine has been prescribed for your current illness only. Do not take it in similar conditions and do not pass it on to others. The information in this leaflet was last updated on the date listed on the bottom of the page. More recent information on the medicine may be available. You should ensure that you speak to your doctor or pharmacist to obtain the most up-to-date scientific information on the medicine. The latest version of this leaflet is available on www.nanoalvand.com.

What is in this leaflet

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1. What Nupada[®] is and what it is used for

Nupada[®] contains the active substance upadacitinib. It belongs to a group of medicines called Janus kinase inhibitors. By reducing the activity of an enzyme called "Janus kinase" in the body, Nupada[®] lowers inflammation in the following diseases:

- Rheumatoid arthritis
- Psoriatic arthritis
- Axial spondyloarthritis
 - Non-radiographic axial spondyloarthritis
 - Ankylosing spondylitis (AS, radiographic axial spondyloarthritis)
- Atopic dermatitis
- Ulcerative colitis
- Crohn's disease

Rheumatoid arthritis

Nupada[®] is used to treat adults with rheumatoid arthritis. Rheumatoid arthritis is a disease that causes inflamed joints. If you have moderate to severe active rheumatoid arthritis, you may first be given other medicines, one of which will usually be methotrexate. If these medicines do not work well enough, you will be given Nupada[®] either alone or in combination with methotrexate to treat your rheumatoid arthritis.

Nupada[®] can help to reduce pain, stiffness and swelling in your joints, reduce tiredness and it can slow down damage to the bone and cartilage in your joints. These effects can ease your normal daily activities and so improve your quality of life.

Psoriatic arthritis

Nupada[®] is used to treat adults with psoriatic arthritis. Psoriatic arthritis is a disease that causes inflamed joints and psoriasis. If you have active psoriatic arthritis, you may first be given other medicines. If these medicines do not work well enough, you will be given Nupada[®] either alone or in combination with methotrexate to treat your psoriatic arthritis.

Nupada[®] can help to reduce pain, stiffness, and swelling in and around your joints, pain and stiffness in your spine, psoriatic skin rash, and tiredness, and it can slow down damage to the bone and cartilage in your joints. These effects can ease your normal daily activities and so improve your quality of life.

Axial spondyloarthritis (non-radiographic axial spondyloarthritis and ankylosing spondylitis)

Nupada[®] is used to treat adults with axial spondyloarthritis. Axial spondyloarthritis is a disease that primarily causes inflammation in the spine. If you have active axial spondyloarthritis, you may first be given other medicines. If these medicines do not work well enough, you will be given Nupada[®] to treat your axial spondyloarthritis.

Nupada[®] can help to reduce back pain, stiffness, and inflammation in your spine. These effects can ease your normal daily activities and so improve your quality of life.

Atopic dermatitis

Nupada[®] is used to treat adults and adolescents 12 years and older with moderate to severe atopic dermatitis, also known as atopic eczema. Nupada[®] may be used with eczema medicines that you apply to the skin or it may be used on its own.

Taking Nupada[®] can improve the condition of your skin, and reduce itching and flares. Nupada[®] can help improve symptoms of pain, anxiety and depression that people with atopic dermatitis may have. Nupada[®] can also help improve your sleep disturbance and overall quality of life.

Ulcerative colitis

Ulcerative colitis is an inflammatory disease of the large bowel. Nupada[®] is used to treat adults with ulcerative colitis who did not respond well enough or did not tolerate previous therapy.

Nupada[®] can help to reduce the signs and symptoms of the disease including bloody stools, abdominal pain and the need to rush to and the number of times you go to the toilet. These effects can enable your normal daily activities and reduce fatigue.

Crohn's disease

Crohn's disease is an inflammatory disease that may involve any part of the digestive tract, but most commonly affects the bowel. Nupada[®] is used to treat adults with Crohn's disease who did not respond well enough or did not tolerate previous therapy.

Nupada[®] can help to reduce the signs and symptoms of the disease including the need to rush to and the number of times you go to the toilet, abdominal pain, and the inflammation of your intestinal lining. These effects can enable your normal daily activities and reduce fatigue.

2. What you need to know before you take Nupada[®]

Do not use Nupada[®]

- if you are allergic to upadacitinib or any of the other ingredients of this medicine (listed in section 6).
- if you have a severe infection (such as pneumonia or bacterial skin infection).
- if you have active tuberculosis (TB).
- if you have severe liver problems.
- if you are pregnant (see section "Pregnancy, breast-feeding and contraception").

Warnings and precautions

Talk to your doctor or pharmacist before and during treatment with Nupada[®] if:

- you have an infection or if you often get infections. Tell your doctor if you get symptoms such as fever, wounds, feeling more tired than usual or dental problems as these can be signs of infection. Nupada[®] can reduce your body's ability to fight infections and may make an existing infection worse or increase the chance of you getting a new infection. If you have diabetes or are 65 years of age or older you may have an increased chance of getting infections.
- you have had tuberculosis or have been in close contact with someone with tuberculosis. Your doctor will test you for tuberculosis before starting Nupada[®] and may retest during treatment.
- you have had a herpes zoster infection (shingles), because Nupada[®] may allow it to come back. Tell your doctor if you get a painful skin rash with blisters as these can be signs of shingles.
- you have ever had hepatitis B or C.
- you have recently had or plan to have a vaccination (immunization); this is because live vaccines are not recommended while using Nupada[®].
- you have or had cancer in the past, smoke or have smoked in the past, because your doctor will discuss with you if Nupada[®] is appropriate for you.
- new skin lesions appear during or after therapy or if existing lesions change appearance, because non-melanoma skin cancer has been observed in patients taking upadacitinib. Your doctor may recommend that you have regular skin examinations while taking Nupada[®].
- have, or have had heart problems, because your doctor will discuss with you if Nupada[®] is appropriate for you.
- your liver does not work as well as it should.
- you have previously had blood clots in the veins of your legs (deep vein thrombosis) or lungs (pulmonary embolism) or have an increased risk for developing this (for example: if you had recent major surgery, if you use hormonal contraceptives/hormonal replacement therapy, if a blood clotting disorder is identified in you or your close relatives). Your doctor will discuss with you if Nupada[®] is appropriate for you. Tell your doctor if you get sudden shortness of breath or difficulty breathing, chest pain or pain in upper back, swelling of the leg or arm, leg pain or tenderness, or redness or discoloration in the leg or arm as these can be signs of blood clots in the veins.
- you have kidney problems.
- you have unexplained stomach (abdominal) pain, have or have had diverticulitis (painful inflammation of small pockets in the lining of your intestine) or ulcers in your stomach or intestines, or are taking non-steroidal anti-inflammatory medicines.

If you notice any of the following serious side effects, tell a doctor straight away:

- symptoms such as a rash (hives), trouble breathing, or swelling of your lips, tongue, or throat, you may be having an allergic reaction. Some people taking Nupada[®] had serious allergic reactions. If you have any of these symptoms during treatment with Nupada[®], stop taking Nupada[®] and get emergency medical help straight away.
- severe stomach pain especially accompanied by fever, nausea, and vomiting.

Blood tests

You will need blood tests before you start taking Nupada[®], or while you are taking it. This is to check for a low red blood cell count (anemia), low white blood cell count (neutropenia or lymphopenia), high blood fat (cholesterol) or high levels of liver enzymes. The tests are to check that treatment with Nupada[®] is not causing problems.

Children and adolescents

Nupada[®] is not recommended for use in children under 12 years of age or adolescents weighing less than 30 kg with atopic dermatitis. This is because it has not been studied in these patients.

Nupada[®] is not recommended for use in children and adolescents under 18 years of age with rheumatoid arthritis, psoriatic arthritis, axial spondyloarthritis (non-radiographic axial spondyloarthritis and ankylosing spondylitis), ulcerative colitis, or Crohn's disease. This is because it has not been studied in this age group.

Elderly

There is a higher rate of infection in patients aged 65 years of age and older. Tell your doctor as soon as you notice any signs or symptoms of an infection.

Patients 65 years of age and older may be at increased risk of infections, heart problems including heart attack, and some types of cancer. Your doctor will discuss with you if Nupada[®] is appropriate for you.

Other medicines and Nupada[®]

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. This is because some medicines may reduce how well Nupada[®] works or may increase the risk of getting side effects. It is very important to talk to your doctor or pharmacist if you are taking any of the following:

- medicines to treat fungal infections (such as itraconazole, posaconazole or voriconazole)

- medicines to treat bacterial infections (such as clarithromycin)
- medicines to treat Cushing's syndrome (such as ketoconazole)
- medicines to treat tuberculosis (such as rifampicin)
- medicines to treat seizures or fits (such as phenytoin)
- medicines that affect your immune system (such as azathioprine, 6-mercaptopurine, ciclosporin and tacrolimus)
- medicines that may increase your risk of gastrointestinal perforation or diverticulitis such as non-steroidal anti-inflammatory medicines (usually used to treat painful and/or inflammatory conditions of muscle or joints), and/or opioids (used to treat severe pain), and/or corticosteroids (usually used to treat inflammatory conditions).

If any of the above apply to you or you are not sure, talk to your doctor or pharmacist before taking Nupada[®].

Pregnancy and breast-feeding

Pregnancy

Nupada[®] must not be used during pregnancy.

Contraception

If you are a woman of child-bearing potential, you must use effective contraception to avoid becoming pregnant while taking Nupada[®] and for at least 4 weeks after your last dose of Nupada[®]. If you become pregnant during this time, you must talk to your doctor straight away.

If you have your first menstrual period while taking Nupada[®], you should inform the doctor.

Breast-feeding

If you are breast-feeding or are planning to breast-feed, talk to your doctor before taking this medicine. You should not use Nupada[®] while breast-feeding as it is not known if this medicine passes into breast milk. You and your doctor should decide if you will breast-feed or use Nupada[®]. You should not do both.

Driving and using machines

Nupada[®] has no effect or limited effect on the ability to drive and use machines.

3. How to take Nupada[®]

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

How much to take

Rheumatoid arthritis, Psoriatic arthritis or Axial spondyloarthritis (non-radiographic axial spondyloarthritis and ankylosing spondylitis)

The recommended dose is one 15 mg tablet once a day.

Atopic dermatitis

Adults

The recommended dose is 15 mg or 30 mg as prescribed by your doctor, as one tablet once a day. Your doctor may increase or decrease your dose depending on how well the medicine is working.

Elderly

If you are 65 years of age or older, the recommended dose is 15 mg once a day.

Adolescents (from 12 to 17 years of age) weighing at least 30 kg:

The recommended dose is one 15 mg tablet once a day.

Ulcerative colitis

The recommended dose is 45 mg once a day for 8 weeks. Your doctor may decide to extend the initial 45 mg dose for another 8 weeks (for 16 weeks total). This will be followed by one 15 mg or one 30 mg tablet once a day for your long-term treatment. Your doctor may increase or decrease your dose depending on how you respond to the medicine.

Elderly

If you are 65 years of age or older, the recommended dose is 15 mg once a day for your long-term treatment.

Your doctor may reduce your dose if you have kidney problems, or you are prescribed certain other medicines.

Crohn's disease

The recommended dose is 45 mg once a day for 12 weeks. This will be followed by one 15 mg or one 30 mg tablet once a day for your long-term treatment. Your doctor may increase or decrease your dose depending on how you respond to the medicine.

Elderly

If you are 65 years of age or older, the recommended dose is 15 mg once a day for your long-term treatment.

Your doctor may reduce your dose if you have kidney problems, or you are prescribed certain other medicines.

How to take

- Swallow the tablet whole with water. Do not split, crush, chew or break the tablet before swallowing as it may change how much medicine gets into your body.
- To help you remember to take Nupada[®], take it at the same time every day.
- The tablets can be taken with or without food.
- Avoid food or drink containing grapefruit whilst you are taking (or being treated with) Nupada[®] as these may make side effects more likely, by increasing the amount of medicine in your body.

If you take more Nupada[®] than you should

If you take more Nupada[®] than you should, contact your doctor. You may get some of the side effects listed in section 4.

If you forget to take Nupada[®]

- If you miss a dose, take it as soon as you remember.
- If you forget your dose for an entire day, just skip the missed dose and take only a single dose as usual the following day.
- Do not take a double dose to make up for a forgotten tablet.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. Tell your doctor if you get any side effects, including those not listed in this leaflet.

Serious side effects

Talk to your doctor or get medical help straight away if you get any signs of:

- infection such as shingles or painful skin rash with blisters (herpes zoster) - common (may affect up to 1 in 10 people)
- infection of the lung (pneumonia), which may cause shortness of breath, fever, and a cough with mucus - common (may affect up to 1 in 10 people)
- infection in the blood (sepsis) - uncommon (may affect up to 1 in 100 people)
- allergic reaction (chest tightness, wheezing, swelling of the lips, tongue or throat, hives) - uncommon (may affect up to 1 in 100 people)

Other side effects

Talk to your doctor if you notice any of the following side effects:

Very common (may affect more than 1 in 10 people)

- throat and nose infections
- acne

Common (may affect up to 1 in 10 people)

- non-melanoma skin cancer
- cough
- fever
- cold sores (herpes simplex)
- feeling sick in the stomach (nausea)
- increase in an enzyme called creatine kinase, shown by blood tests
- low white blood cell counts shown in blood tests
- increased levels of cholesterol (a type of fat in the blood) as shown in tests
- increased levels of liver enzymes, shown by blood tests (sign of liver problems)
- weight gain
- inflammation (swelling) of the hair follicles
- flu (influenza)
- anemia
- pain in your belly (abdomen)
- fatigue (feeling unusually tired and weak)
- headache
- hives (urticaria)
- urinary tract infection
- rash

Uncommon (may affect up to 1 in 100 people)

- thrush in the mouth (white patches in the mouth)
- increased levels of triglycerides (a type of fat) in the blood, as shown in tests
- diverticulitis (painful inflammation of small pockets in the lining of your intestine)
- gastrointestinal perforation (a hole in the bowel)

5. How to store Nupada[®]

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date.
- Store below 30°C.
- Store in the original package in order to protect from moisture. Keep the bottle tightly closed.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Content of the pack and other information

What Nupada[®] contains

The active substance is upadacitinib (as hemihydrate). The other ingredients are microcrystalline cellulose, hydroxy propyl methyl cellulose, mannitol, tartaric acid, colloidal silicone dioxide, and magnesium stearate.

The extended-release film-coated tablets are supplied in 15 mg and 30 mg strengths.

Nupada[®] is available in bottles containing 30 extended-release film-coated tablets. Each bottle is packed in a box with a leaflet.

Not all strengths may be marketed.

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